

IT'S IMPORTANT TO KEEP HEALTHY AND SAFE AT WORK

Health and safety is all about making sure we all go home safe at the end of the day

- Health and Safety is a top priority in the kiwifruit industry.
- We all have a part to play in staying healthy and safe.
- Health and Safety is regulated by Worksafe NZ.



GETTING READY FOR THE DAY

1 The first step to keeping yourself and others safe is to arrive physically and mentally fit for work

- Fatigue, some medication, alcohol and drugs can cause impairment which can put yourselves and others at harm.

2 Be sure to dress for the weather conditions and wear appropriate clothing and footwear

To prevent pest & disease from spreading between orchards:

- Wear clean, closed shoes.
- Make sure your clothing is clean at the start of the day to avoid moving plant material between orchards.
- If you've just arrived in New Zealand, thoroughly wash all clothing, footwear, bags, luggage, camera cases or anything that could have plant fragments or pests hiding in pockets or folds before entering an orchard.

3 You'll need protection from the sun

The sun is strong and hot in New Zealand.

- Wear clothing to cover yourself up (e.g. hat, long sleeve shirt, and shorts/pants).
- Wear sunscreen with an SPF30 or higher and reapply frequently during the day.



4 Bring your lunch and lots of water

- Bring a good supply of water with you for the day (at least 2 litres).
- Bring a nutritious lunch.
- Your supervisor will give you regular rest and meal breaks, as required by law. Break times are determined by your hours worked.



5 Don't wear anything that could damage or contaminate the kiwifruit

- No jewellery.
- No clothing with sharp bits like sequins or studs.
- Tie your hair back.
- Short, clean fingernails (no false nails or polish).

GETTING TO THE ORCHARD

Make sure you are familiar with New Zealand road rules before you drive a vehicle

- We drive on the left, stick to speed limits, and always indicate early before turning.
- If you are not a confident driver, get a ride to the orchard with an experienced driver.

Parking

- Some orchard roads are narrow, so drive slowly and watch for oncoming traffic.
- Only park in designated areas, e.g. a specific loading area or along the road.
- Don't park in the orchard operating area or under the vines.
- Orchards have gate signs with their name so you know you are in the right place.
- Be careful when getting in and out of your car and watch for other vehicles.



Kiwi's POINTERS

ORCHARD BASICS

FOR NEW ORCHARD WORKERS



ARRIVING AT THE ORCHARD

Familiarise yourself with the orchard

- Every orchard is different.
- Each orchard has its own risks and set of requirements you must work to. Your supervisor should take you through these requirements when you arrive on site.



INJURY AND ILLNESS

Protect injuries

- Cover all cuts and wounds with a new, waterproof bandage before you come to work.
- If you get an injury or are not feeling well (nausea, vomiting or abdominal cramps), report it to your supervisor immediately.
- If you or someone else has an accident, make sure they get first aid care, and report it to your supervisor. There should be a first aid kit on site.
- In an emergency - ring 111 immediately and get help from your supervisor.



PERSONAL HYGIENE

Wash your hands

- Before starting work, after breaks, after smoking or eating (as food allergens can cause serious harm to consumers) and especially after using the toilet.
- Don't eat or smoke near fruit or the fruit-handling equipment (e.g. picking bags, bins, gloves).
- Don't cough or sneeze over the fruit.
- Don't pick your nose.
- Always use the designated toilets provided, which should be nearby.
- Dispose of toilet paper and towels in bins provided.



KEEP SAFE AND PAY ATTENTION

- If required, wear appropriate safety equipment (e.g. high vis vests, safety boots and glasses).
- Keep clear of any moving equipment (tractors, trailers and vehicles).
- Under the vines, watch out for hazards. They may be below you, like uneven or sloping surfaces or holes, or above you, like long hanging vines, loose wires and low beams.
- Avoid using a mobile phone when you are driving, walking to and from your car or the toilets.
- If someone you're working with looks a bit off, have a chat with them or let your supervisor know.
- Report anything unusual. If you see something you're worried about, talk to your supervisor.

YOUR RIGHTS ARE PROTECTED IN NZ

- The orchard should be a safe place to work.
- You must be paid at least the minimum wage (set by the NZ government).
- There should be no discrimination in the workplace. Employees must treat workers with fairness, respect and dignity.
- See www.employment.govt.nz for more details on your rights as an employee in NZ.

Concerns are taken seriously

- If you have been treated unfairly or unlawfully, you have a right to lodge a complaint without discrimination.
- To lodge a complaint, contact NZ Kiwifruit Growers (info@nzkgi.org.nz).

PREFER TO WATCH A VIDEO?



SCAN ME